



MISSION STATEMENT:

WE ARE A MILITARY SUPPORT GROUP
THAT MEETS VETERANS WHEREVER
THEY ARE ON THEIR JOURNEY.

THEY DON'T WALK ALONE.....



IT'S REALLY YOUR CHOICE

Access to behavioral health resources is limited on the Plateau. Our “Team” will expand access to health options by increasing awareness to existing resources, assisting with transportation to resources that may not be available locally and adding an additional resource to support crisis management with the “Battle Buddy” program, all a “click” or phone call away.

**VETERANS NEED TO BE
REASSURED THAT THEY ARE
NOT ALONE WITH THEIR
FEELINGS AND NEEDS.**

**ASKING FOR HELP MAY BE
THE MOST COURAGEOUS
DECISION THEY EVER MAKE.**

WHAT DRIVES OUR TEAM?

It's no secret that the last two decades of the "War on Terror" has led to increased suicides and rates of depression among US Military Veterans. Iraq and Afghanistan have fostered the question among Veterans, "What was it all for?" And those that returned from Viet Nam asked that same question. This is not a new problem.

Top brass from the Defense Department have called for greater intervention but they seem ill equipped to do it all. That's where the Plateau Warrior Support Team steps in.

WHO DO YOU CALL?

911 Emergency

988 PTSD Crisis Emergency

1-800-273-8255 Veteran Crisis Line

1-800-698-2411 VA Medical Center

www.va.gov/health-care

828-349-3366 /Cell 828-347-0614 No Wrong Door

Transportation/Food/Clothing/Care

828-253-0406 Pisgah Legal

Civil Legal Help

828-526-1200 Highlands-Cashiers Hospital

828-349-2232 Macon County Emergency

828-526-3645 Highlands Rescue

828-526-9431 Highlands Police

828-349-2104 Macon County Sheriff

828-349-2151 Veteran Services

HOW TO CONTACT THE TEAM:

800-906-5315

<http://www.amerlegionpost370nc.org>

Donations Accepted

Plateau Warrior Support Team

PO Box 406

Highlands, NC 28741

PLATEAU WARRIOR SUPPORT TEAM

Every 65 minutes a Veteran chooses to take his or her life, because many Veterans are not aware of their choices.

The role of the Plateau Warrior Support Team is to locate that Veteran, communicate the choices available, facilitate the choice made with a positive outcome for them so they return to a self-reliant status.

The members of the “Team” take on the role of a “Battle Buddy”, someone with whom the Veteran responds to and trusts because of mutual service experiences.

Emotional support, Legal support, financial support, food, clothing, housing and transportation are just some of what the “Battle Buddy” provides.

